

RUNNING

PROFILE

There are just over 27,500 people over the age of 18 years participating in running in Australia.

On average, running participants:

- Are males, aged between 35-44 years
- Reside in the capital city region of New South Wales
- Are Australian born
- Will be married

Most runners partake in only this sport. Those who do participate in other sports or physical activities are likely to be involved in aerobics and fitness, cycling, swimming and tennis.

AGE AND GENDER

There are 27,500 people who participate in organised running, a participation rate of 0.2% or two in every one thousand people participating in the sport. As with the majority of organised sports and physical activities, more men than women participate in running – 63.2% (17,400 people) are males and 36.8% (10,100 people) are females.

Participation rates in most sports and physical activities decline with each successive older age group. However, for running, while the highest rate occurs for persons aged 18-24 years (0.4%), the rate for the 35-44 year age groups (0.3%) is greater than that for the 25-34 year group (0.2%).

RESIDENCE

New South Wales, Victoria and Queensland account for 72.2% of all running participants aged 18 years and over. However, the highest participation rates are observed in the Territories. In the Northern Territory, 1.3% of adults participate in organised running while the participation rate in the Australian Capital Territory is 0.7%, whereas New South Wales and Victoria have rates of 0.2% and 0.1% respectively.

For all organised sport and physical activity, people living in the non-capital city regions of Australia have a higher participation rate of 31% compared to their capital-city counterparts with a rate of 26.2%. Running however is equally popular in both capital-city and non-capital city regions, both areas have rates of 0.2%.

BIRTHPLACE

Australians whose birthplace was the United Kingdom, Ireland or New Zealand are more likely to participate in running than those born elsewhere are. The participation rate for Australians born in the United Kingdom, Ireland and New

Zealand (5,700 participants) is 0.4%, while the participation rate of Australian born participants (18,000 people) and people born in “other countries” (3,900 participants) were both 0.2%.

MARITAL STATUS

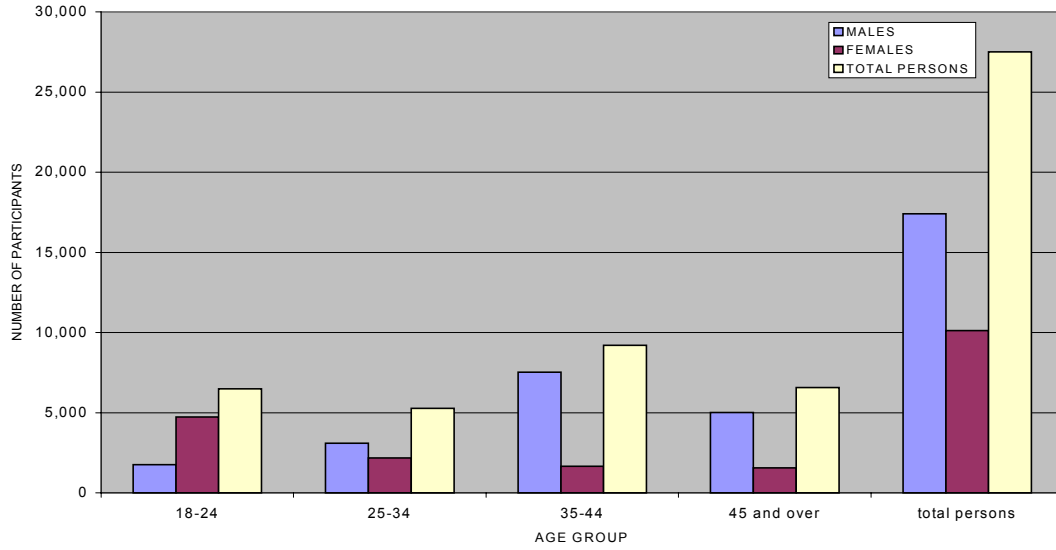
The majority of runners are married. The proportion of married people who participate in running (54.2% or 14,900 people), however this is less than both the proportion of married people participating in organised sport and physical activities (61.1%), and the percentage of Australians who are married (64.5%). The situation is reversed for persons who have never been married. Indeed, 36.3% of runners have never been married, while for all sport and physical activity participants and all people aged 18 years or over, the proportions in this category were 29.5% and 22.1% respectively.

OTHER ORGANISED SPORTS AND PHYSICAL ACTIVITIES UNDERTAKEN

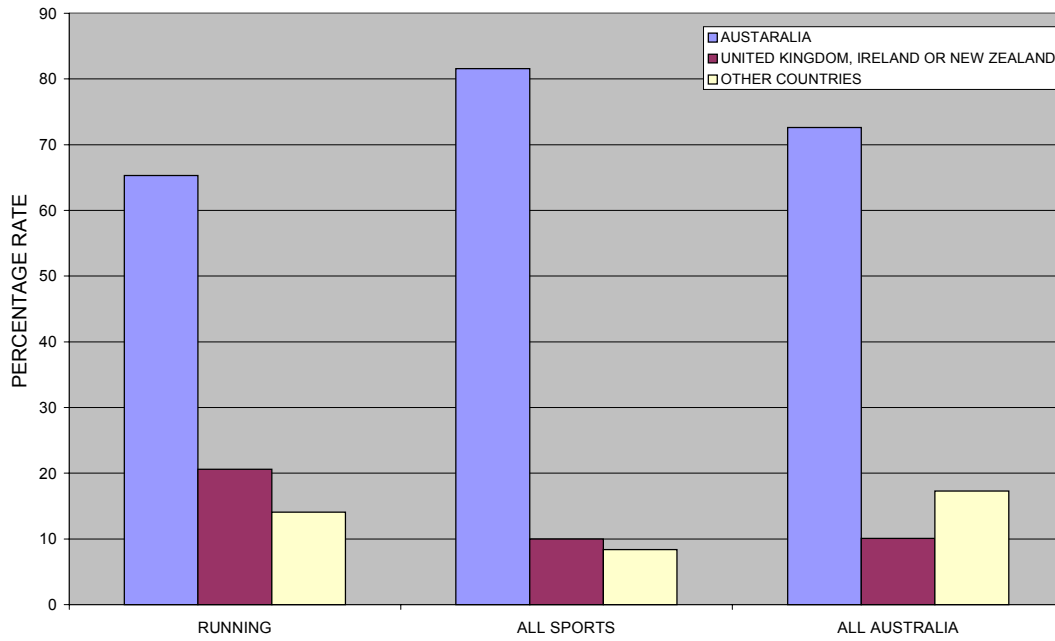
Running is the only organised sport or physical activity undertaken by 55.4% (15,300 people) of it participants. A further 25.6% (7,100 people) participate in one other organised activity, while 11% (3,000 people) take part in two others and 7.9% (2,200 people) are involved in three or more other sports or activities.

The most popular other organised sports and activities pursued by runners are aerobics and fitness, cycling, swimming and tennis.

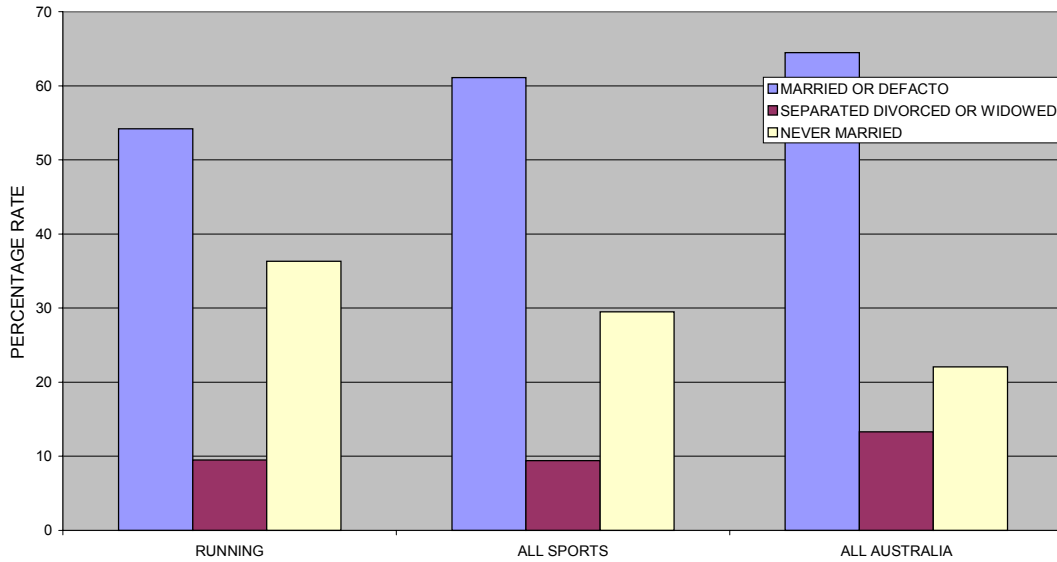
NUMBER OF PARTICIPANTS BY AGE AND GENDER



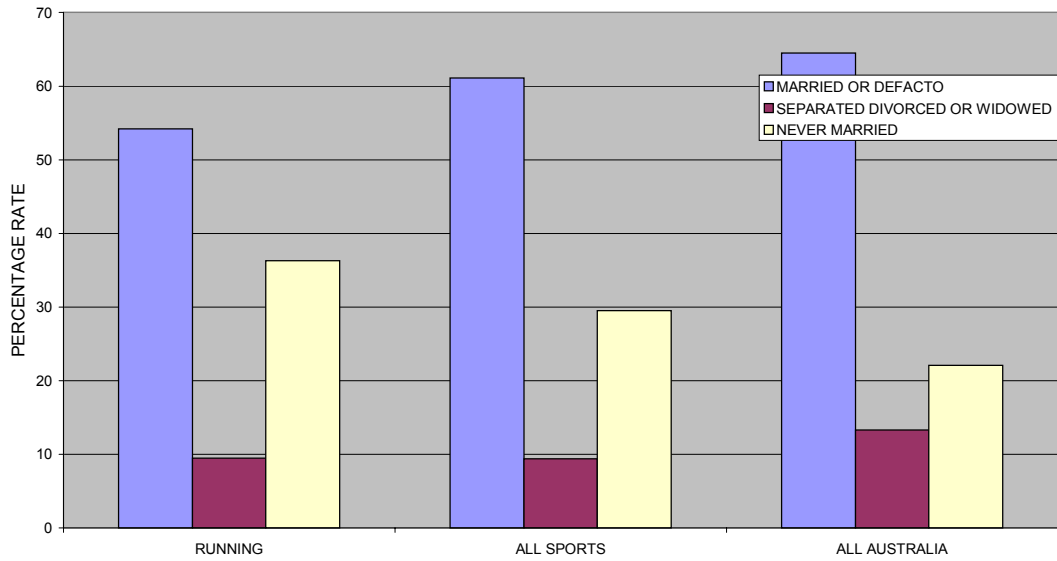
RATE OF PARTICIPATION BY COUNTRY OF BIRTH



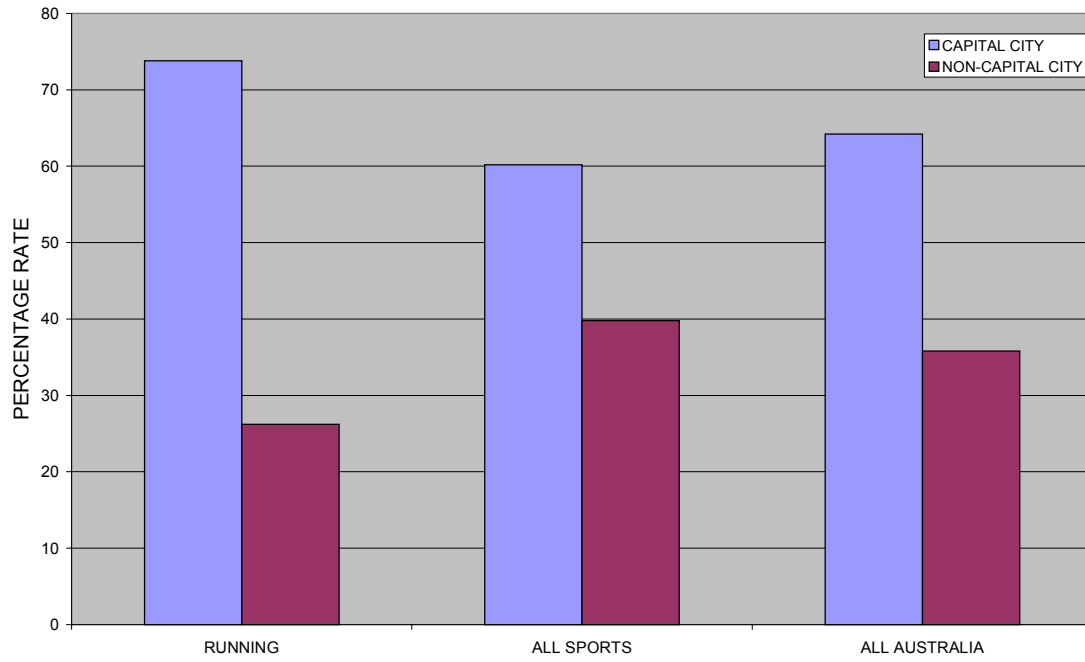
RATE OF PARTICIPATION BY MARITAL STATUS



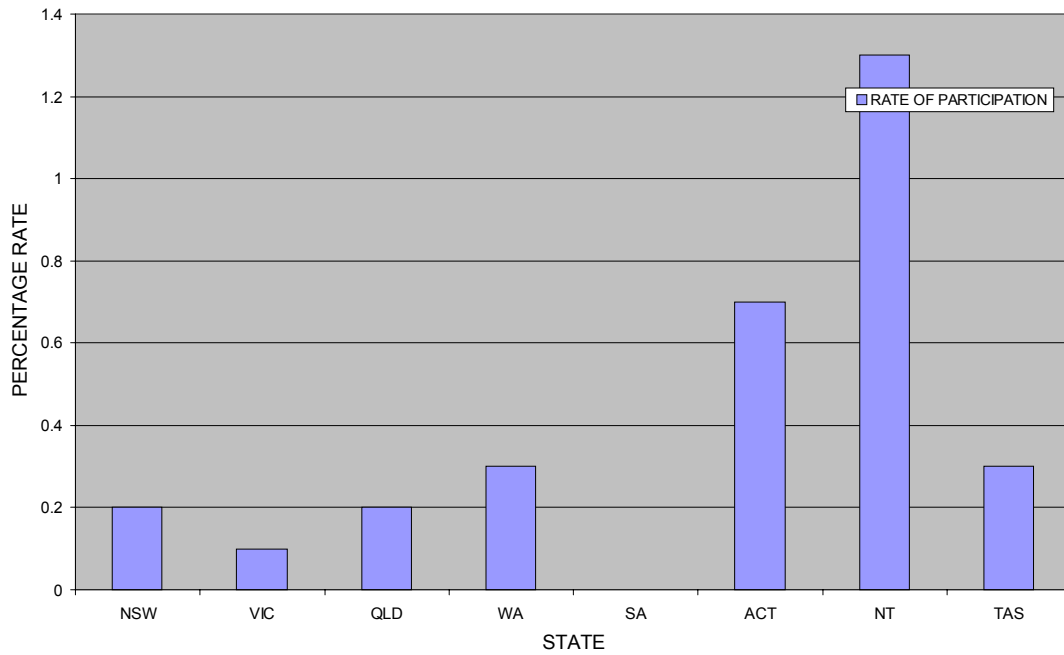
RATE OF PARTICIPATION BY MARITAL STATUS



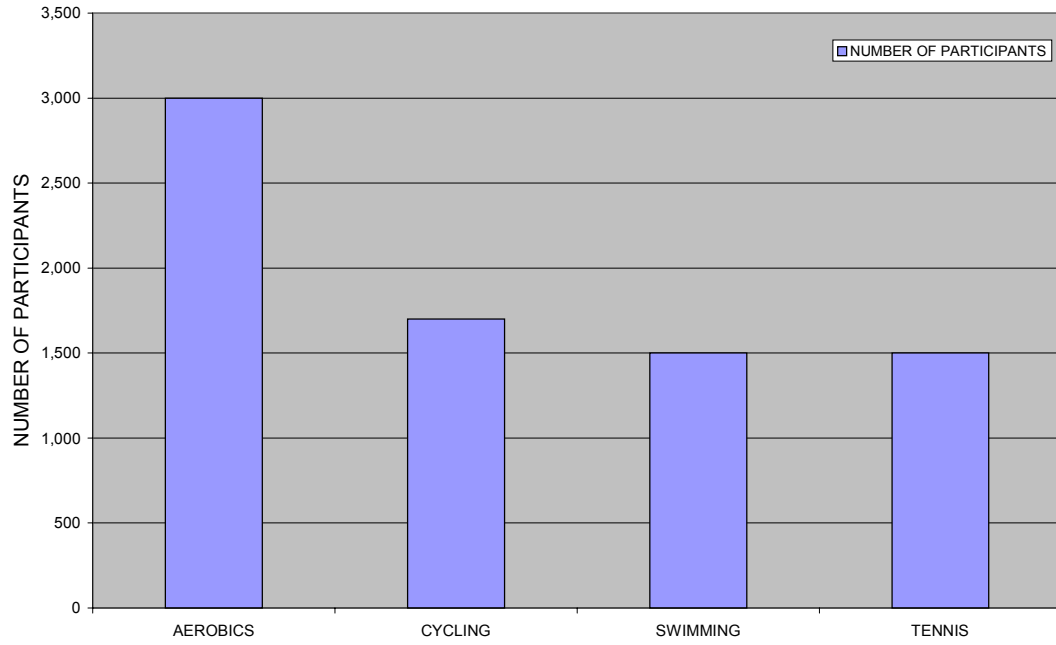
RATE OF PARTICIPATION BY CAPITAL CITY VS NON-CAPITAL CITY



RATE OF PARTICIPATION BY STATE



OTHER SPORTS PLAYED BY RUNNING PARTICIPANTS



NUMBER OF OTHER SPORTS PLAYED BY RUNNING PARTICIPANTS AND ALL PARTICIPANTS

